

# THANK YOU!

## ST. JOHN'S FOOD BANK DONATION LIST

Visit us on Facebook at "St John's Food Bank"

The St. John's Food Bank needs nonperishable food items to regularly stock the shelves. We also accept monetary donations, and some fresh foods. **Please drop off all donations during operating hours on Wednesday and Friday, 10 am to 4 pm.** Below are the wish lists.

### Nonperishable Food Items:

- Canned soup
- Canned meat like tuna, chicken, spam, etc.
- Canned meals like Chef Boyardee-type, chili and stew (any brand)
- Dry pasta & spaghetti sauce
- Macaroni and cheese boxes
- Cereal
- Baked beans
- Shelf stable milk in quart size boxes
- Bottled juice
- Rice, rice sides and pasta sides
- Canned vegetables
- Peanut butter (preferably 16 oz jars) and jelly
- Canned beans like black beans, refried beans, kidney and garbanzo beans
- Canned fruit
- Diced tomatoes
- Instant potatoes in box or pouches
- Oatmeal
- Pancake mix & syrup
- Coffee and tea; and hot chocolate during colder months
- Juice boxes
- Granola bars, fruit snacks, snack size chips, crackers and cookies
- Taco kits

### Monetary Donations:

- Checks made to "St. John's Lodge Food Bank, Inc."

### Fresh/Perishable Food Items:

- Please contact us via Facebook regarding any perishable food (meats, eggs, dairy, fruit and vegetables) to ensure that we can accept it.
- Fresh produce (fruit and vegetables) is often accepted and non-exotic produce is preferred.

### Other Useful Items But Not Priority:

- Diapers (all sizes) and baby wipes
- Sugar, flour, cooking oil and cake mixes
- Packaged cookies & crackers

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